

## ***HYPROTECTION ZONE FITNESS CENTER SANITATION GUIDE***



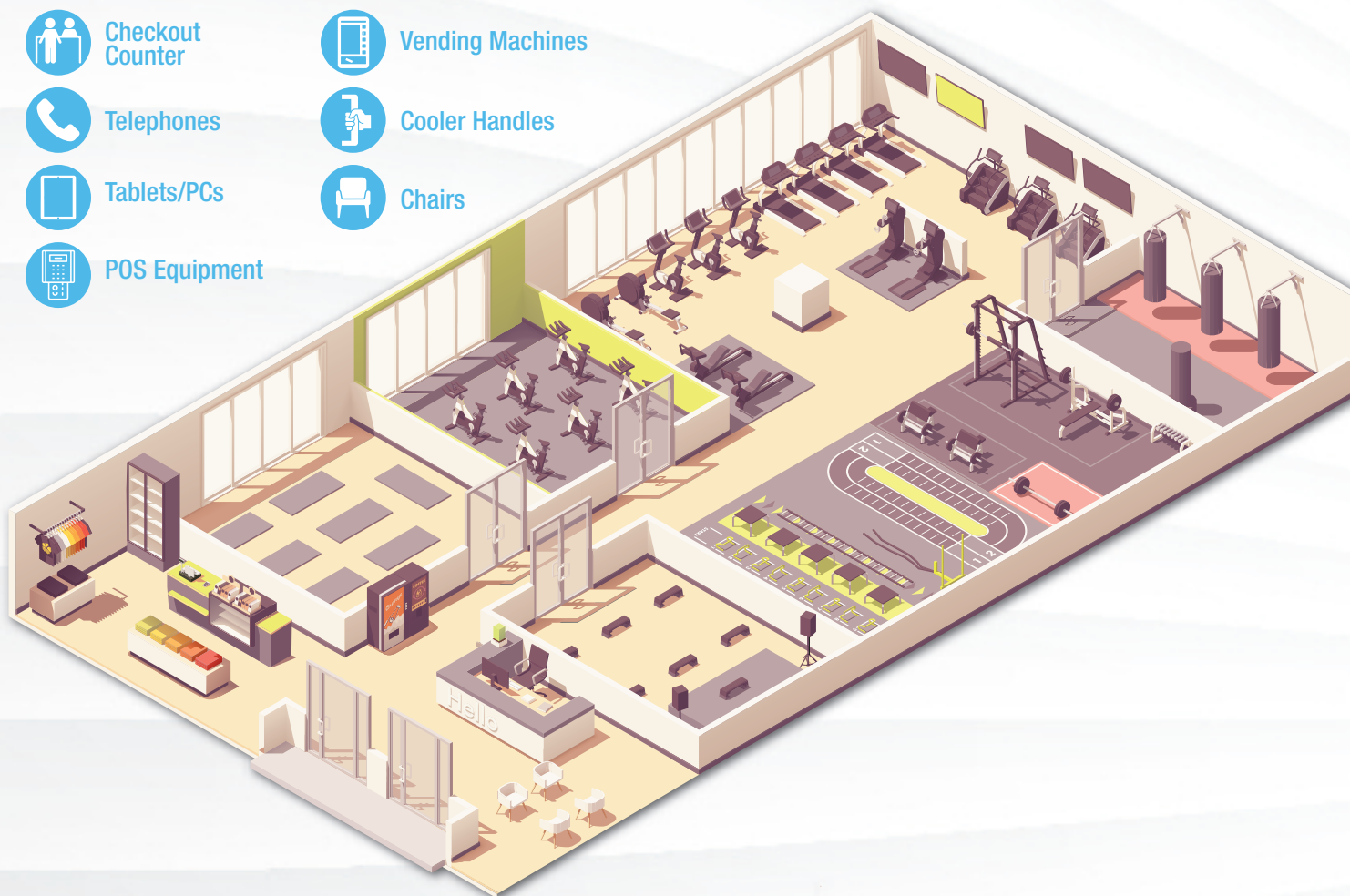
Imperial Dade's HyProtection Zone Program is a straight-forward guide designed to assist fitness centers in improving their cleaning, disinfecting, and hand-hygiene protocols. The program includes best practices and product recommendations.



# FRONT DESK / RETAIL AREA

## TOUCHPOINTS:

- Door Handles/ Push Plates
- Check out Counter
- Telephones
- Tablets/PCs
- POS Equipment
- Switches
- Vending Machines
- Cooler Handles
- Chairs



# WORKOUT AREA

## TOUCHPOINTS:

- Door Handles/ Push Plates
- Switches
- Free Weights
- Equipment Handles
- Equipment Touchscreens
- Remote Controls
- Benches
- Balls
- Mats
- Barres

## Front Desk/Retail and Workout Area Best Practices:

- Clean surfaces, removing soil load, before disinfecting.
- Use a disinfectant cleaner on all high-touch surfaces. Follow the product label directions and ensure proper dwell time.
- Place sanitizing wipe dispensers throughout facility for member use.
- Use color-coded microfiber cloths or disposable wipers to prevent cross-contamination.

Disinfectant Cleaner	
Microfiber Cloths	
Sanitizing Wipes	
Paper Wipers	
Register Shields	
Other Products	
Comments:	

# RESTROOM / LOCKER ROOM

## Restroom/Locker Room Cleaning Best Practices:

- Use a disinfectant bowl cleaner in toilet bowls and urinals. Allow dwell time, per instructions, before swabbing, flushing, and rinsing.
- Use a disinfectant cleaner on all high-touch surfaces, sink basins, and showers. Follow the product label instructions and ensure proper dwell time.
- Use touchless dispensers, flushers, and faucets.
- Ensure laundry systems are operating at the proper temperatures and with the correct detergents.



Disinfectant Cleaner	
Bowl Cleaner	
Glass Cleaner	
All-Purpose Cleaner	
Odor Control System	
Bath Tissue	
Paper Towels	
Door Tissue	
Microfiber Cloths	
Paper Wipers	
Bowl Brush	
Other Products	
Comments:	

## TOUCHPOINTS:



Door Handles



Faucets



Switches



Hair Dryers



Soap & Towel  
Dispensers



Shower Handles



Toilet Flush  
Handles



Lockers

# HAND HYGIENE

## Hand Hygiene Best Practices:

- Place hand sanitizing dispensers at entrances and high traffic areas with signage reminding people to use the product.
- Post hand-washing signage in all restrooms reminding people that handwashing is required.
- Use touchless dispensers for soap, sanitizer, and paper towels.

Hand Soap	
Hand Sanitizer	
Paper Towels	
Other Products	
Comments:	





# PERSONAL PROTECTIVE EQUIPMENT

## PPE Best Practices:

- Use PPE compliant with local regulations.
- Gloves should be changed frequently.



Gloves	
Masks	
Goggles	
Coveralls	
Thermometers	
Comments:	

# FLOOR CARE

## Floor Care Best Practices:

- Floors require disinfecting.
- Use a color-coded microfiber mopping system to prevent cross-contamination.
- Use a neutral pH quat disinfectant on resilient tile flooring. Apply with a microfiber mopping system and allow proper dwell time. Mop again to pick up any excess solution.
- Post a wet-floor sign during cleaning.
- Mop from the far corner of the room towards the entrance.
- Pay attention to corners and baseboards and be sure to clean crevices where bacteria can collect.
- Use specialty floor cleaners for rubber and wood surfaces.

Disinfectant Floor Cleaner	
Carpet Cleaner	
Specialty Floor Cleaner	
Microfiber Mop	
Microfiber Mop Pad	
Broom	
Dust Pan	
Matting	
Equipment	
Other Products	
Comments:	



## ABOUT IMPERIAL DADE

Founded in 1935, Imperial Dade is the leading independent distributor of foodservice packaging, janitorial supplies, and cleaning equipment in the United States, Puerto Rico, and the Caribbean. We offer our customers over 25,000 items in stock and ready for next-day delivery. Our strategically located distribution centers deliver to over 45,000 customers nationwide.

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